

# Help is 3 Numbers Away

**2.1.1**

Get Connected • Get Help™

**211** maintains a comprehensive database of community resources and provides information and referrals for essential needs like:

- Food
- Housing and Shelter
- Utility Assistance
- Healthcare Services
- Government Services

**Call for  
Information and  
Community Resources**

**211**

**211** also can connect people with information and referrals for:

- Transportation
- Legal Services
- Counseling and Support Groups
- Disaster Aftercare
- Everything Else

**988** provides crisis support for:

- Thoughts of Suicide
- Mental Health Crisis
- Substance Use Crisis
- Emotional Distress

**Call for Suicide  
Intervention and  
Crisis Support**

**988**

**Whole  
Person  
Care**

**911** provides first responder dispatch for:

- Medical Emergency
- Fire
- Reporting a Crime
- Disaster Response
- Life Threatening Situation

**Call for  
Emergencies**

**911**

